



# Why I do the things I do... and what I can do about it!

The Christian understanding of  
the passions and their remedy

**Tuesday, October 8th at 7pm**

**St. Stephen Orthodox Cathedral (Philadelphia, PA)**

[www.ststephenscathedral.org](http://www.ststephenscathedral.org)

**Wednesday, October 9th at 7pm**

**Christ the Saviour Orthodox Church (Harrisburg, PA)**

[www.CTSHBG.org](http://www.CTSHBG.org)

**Thursday, October 10th at 7pm**

**Holy Trinity Orthodox Church (Stroudsburg, PA)**

[www.holytrinitypoconos.org](http://www.holytrinitypoconos.org)

**Friday, October 11th at 7pm**

**Holy Trinity Orthodox Church (Wilkes Barre, PA)**

[www.wbholytrinity.org](http://www.wbholytrinity.org)



**Fr. Barnabas (Charles) Powell** is a native of Atlanta, Georgia. A reading program in Church History and Theology would eventually lead him to enter the Orthodox Church, along with several of the families that had been with him during his pastorate in November of 2001. He is a graduate of Holy Cross Greek Orthodox School of Theology in Brookline, MA. and is the proistamenos (senior pastor) of Sts. Raphael, Nicholas, and Irene Greek Orthodox Church in Cumming, GA. Fr. Barnabas founded Faith Encouraged Ministries in 2014 and is the host of *Faith Encouraged LIVE* on Ancient Faith Radio. He also produces the *Faith Encouraged Daily*, and *A Journey to Fullness* is a video project he has released through the ministry to help parishes introduce the Faith to the average person.