GLORY TO JESUS CHRIST!

Dear Reverend Father:

A Women’s Retreat, sponsored by the Department Curriculum and Education of the Diocese of Philadelphia and Eastern PA, will be held on Saturday, November 16, 2019 in St. Tikhon’s Monastery Trapeza.

The topic for this year’s retreat is: “We Are Pilgrims On This Earth.” The speaker will be Fr Theodore Petrides, who serves Sts Constantine & Helen Greek Orthodox Church. See attached biography.

The cost for the retreat is $10 which includes lunch. It is open to all women.

**Schedule for the Retreat**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td>Divine Liturgy – St. Tikhon’s Monastery Church</td>
</tr>
<tr>
<td>9:30 - 10:00</td>
<td>Registration and Continental Breakfast – St. Tikhon’s Monastery Dining Hall</td>
</tr>
<tr>
<td>10:00 - 12:00</td>
<td>Session 1</td>
</tr>
<tr>
<td>12:00 - 1:15</td>
<td>Lunch / Bookstore / Museum</td>
</tr>
<tr>
<td>1:15 - 2:30</td>
<td>Session 2</td>
</tr>
<tr>
<td>2:30 - 3:00</td>
<td>Closing Remarks / Survey</td>
</tr>
</tbody>
</table>

Please make additional copies of the registration form to distribute to the women in your parish. Please place the information in your parish bulletin and the flyer on your parish bulletin board.

Registration must be received by November 9, 2019. For more information, please contact Matushka Emilia Shepherd at (910) 988-3462 or officermillie79@gmail.com.

Thank you for your support of the retreat.

Matushka Emilia Shepherd  
Interim Director of Curriculum & Education
Diocese of Philadelphia & Eastern Pennsylvania

ANNUAL

WOMEN’S RETREAT
“We Are Pilgrims On This Earth”

RETREAT PRESENTER
Fr Theodore Petrides, who serves Sts Constantine & Helen Greek Orthodox Church.

SATURDAY, November 16, 2019, 9:30am - 3:00pm (Divine Liturgy – 8 AM)

St. Tikhon’s Monastery Trapeza
Cost: $10/person (includes lunch)
Deadline - November 9, 2019

WOMEN’S RETREAT REGISTRATION FORM
*******************************************************************************
Name______________________________________________________________
Address___________________________________________________________
Phone Number_______________________________________________________
Parish_______________________________________________________________
Email Address (optional)_____________________________________________

Please return the registration form by November 9, 2019 to:

Diocese of Philadelphia & Eastern, PA
Department of Curriculum & Education
325 North Walnut Street
Bath, PA 18014

If you have any questions, please call (910) 988-3462
or email Matushka Emilia Shepherd at officermillie79@gmail.com

Please make checks payable to: Diocese of Eastern PA
Annotate in the Memo line for Women’s Retreat
Short Bio for Fr. Theodore

A parish priest for 26 years, Very Rev. Fr. Theodore Petrides serves Sts. Constantine & Helen Greek Orthodox Church under the omophorion of His Eminence Metropolitan Savas of Pittsburgh. Fr. Theodore and Pres. Cristen have 6 children and three grandchildren. He is the past president of the Alumni Association of Hellenic College/Holy Cross Greek Orthodox School of Theology. He regularly travels in America as well as Greece and the Holy Land as a pilgrim, guide, and speaker. He has also taken six work-teams to Project Mexico since 1999. He has spoken at conferences and retreats on various subjects including spiritual direction and contemporary Spiritual Fathers and recently edited a book from the Holy Mountain entitled, *Ascetics in the World* which was published by St. Nikodemus the Hagiorite Publication Society and is for sale at St. Tikhon's Seminary bookstore. He also currently teaches Pastoral Care and Counseling at St. Tikhon’s and, in November, is launching a daily podcast entitled, *Signs in Our Times*, on Ancient Faith Radio.