Office of Education and Curriculum

Report to the 2016 Diocesan Assembly

Submitted by: Maria Proch

Women’s Retreat: The day began with some of the women attending the Divine Liturgy celebrated at the Monastery Church.

Over seventy women representing the Diocese of Eastern PA, Diocese of New York/ New Jersey, Archdiocese of Washington D.C., Antiochian Archdiocese, ROCOR, and women interested in Orthodoxy attended the Annual Women’s Retreat held at St. Tikhon’s Monastery Trapeza on Saturday, August 20, 2016. The retreat has been reaching a diversified group every year.

Archimandrite Sergius, Abbot of St. Tikhon’s Monastery, led the retreat which focused on PRAYER and Living in the Modern World. Abbot Sergius spoke about the challenges that everyone faces on a daily basis, and spoke about the importance of prayer as a daily part of our lives.

The morning session was followed by lunch and time to walk the grounds of the Monastery.

The afternoon session continued with a question and answer session, as Abbot Sergius fielded many questions from the women in attendance. The questions focused on prayer and taking care of our spiritual lives, while continuing to live our daily lives.

Those attending the retreat were given a survey to complete, and 95% of the women responded and would like future retreats to focus on Spirituality, Lives of the Saints, and Living in the Church.

Some of the attendees asked if a list-serve can be established, in order for them to be aware of events in the Diocese. A list of email addresses has been compiled and will serve as a contact for the 2017 Retreat, in addition to the Diocesan Website, and parish bulletins.

The retreat is basically self-sufficient and is open to all women within the Diocese.

The 2017 Women’s Retreat will be held on Saturday, August 26.

A special thank you to all those that support this annual event.